

Make a Decision...

Dilemma:

Date:

Deadline:

Decision:

What is the perfect outcome scenario?

What is the worst outcome scenario?

What are the pros?

What are the cons?

Make a Decision...

Will I regret it if I don't do this?

What is my mental/physical state?

What are my gut feelings?

What is my "why"?

Will it benefit my future self?

Does it align with my values?

Review & Lessons Learned...

Rate the success:



Would I do it again?

What was the outcome?

What did I learn?

What would I do differently next time?

Notes:
